

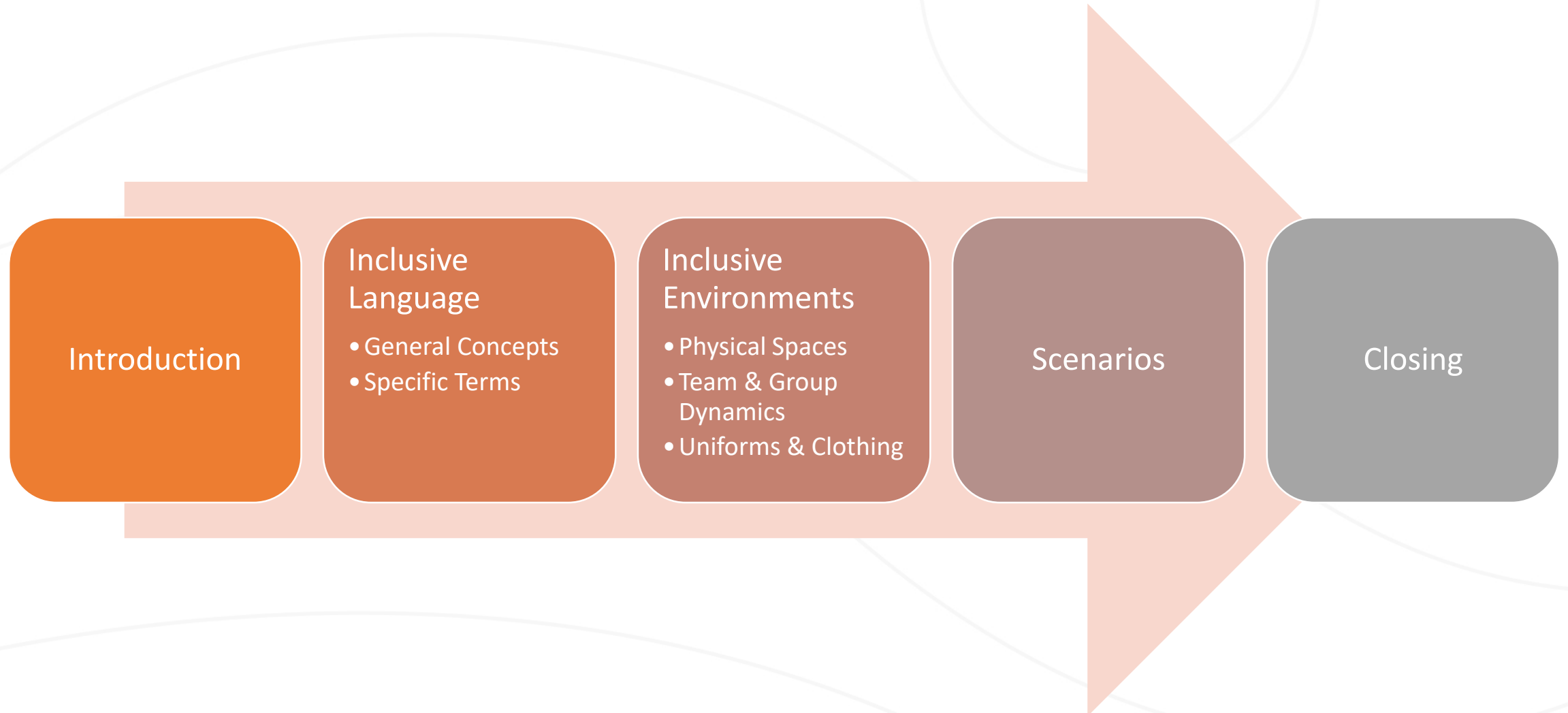
Inclusive Sport Environments – Sail Nova Scotia 2024



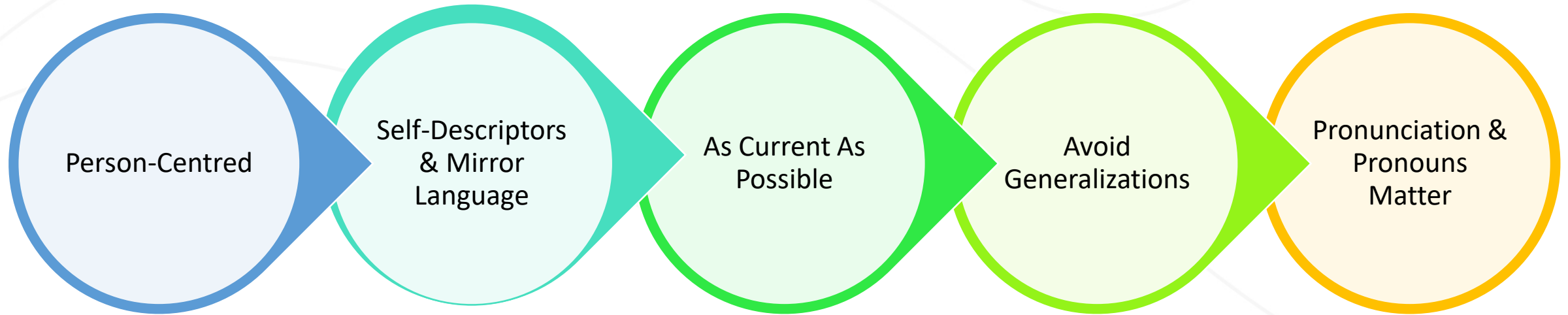
Sport makes a difference.



Overview



Inclusive Language (Generally)



Inclusive Language (Some Specifics)

Racialized or BIPOC

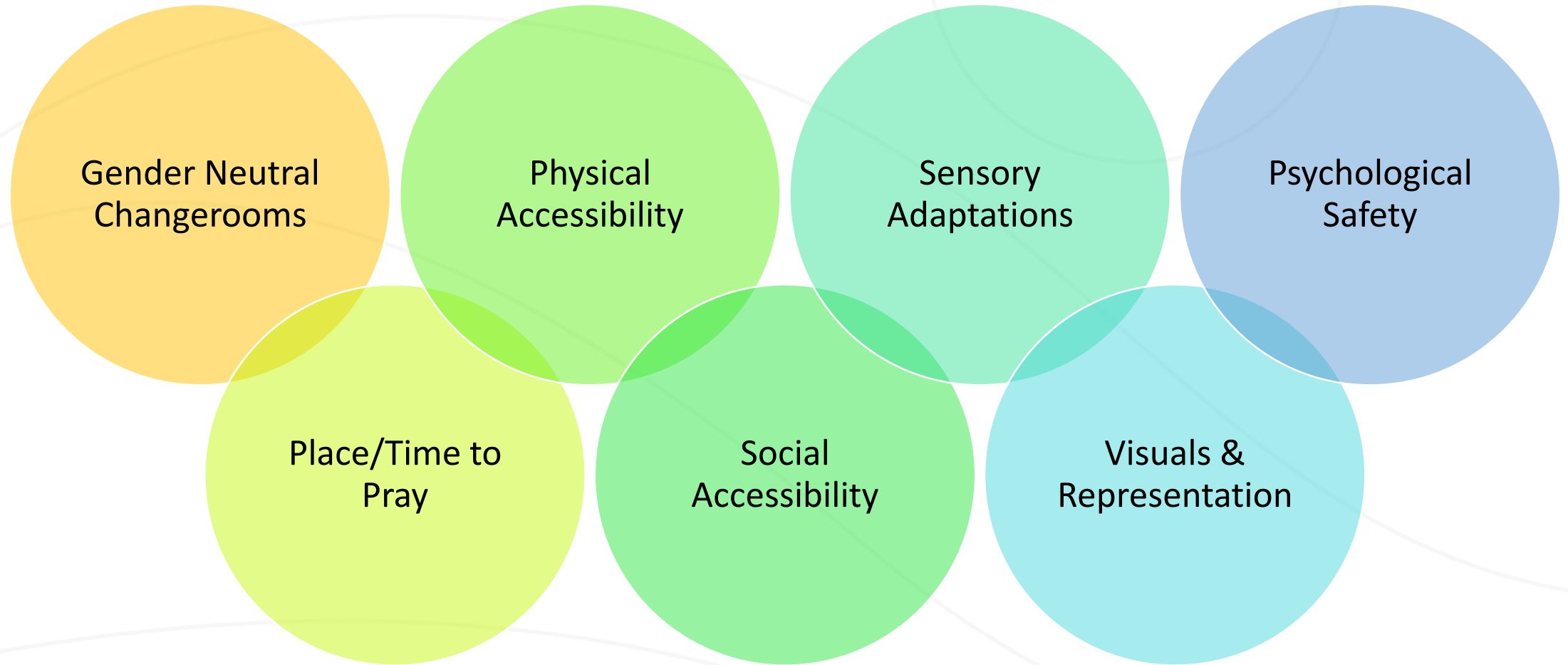
Indigenous – (First Nations, Inuit, Métis)

Disability Language

Head Scarves – Niqab vs Hijab

Queer and Two Spirit

Inclusive Environments (Physical Spaces)



Inclusive Environments (Team and Group Dynamics)

Set Clear Boundaries & Expectations

Stick to Them (The FIRST Time)

Get to Know the Individual

Celebrate Each Team Member

Don't Wait for a Complaint

Inclusive Environments (Uniforms & Clothing)



Way to Express Individuality

Important for Gender Identity

Important for Cultural/Religious Purposes

Question Tradition and the Status Quo

Evaluate for Safety & Performance

Resources



Canadian Centre for Diversity and Inclusion
Centre canadien pour la diversité et l'inclusion

Scenarios

Scenario 1 – High School Aged Boys. Athlete comes out to you as Non-Binary and now uses They/He pronouns. They've only confided in a few of their peers, their parents are not supportive and it's been a mixed bag with some teachers.

How could you support them?

Scenarios

Scenario 2 – Jr High/Middle School Aged Girls. Hijabi Athlete is beginning to participate at a higher level and does not own a sport Hijab. She is 2nd generation Canadian, loves sport, and is beginning to identify more with “western” female clothing standards. She isn’t sure about wanting to wear any sort of Hijab, but feels family pressure to wear one.

How could you help her and her family?

Scenarios

Scenario 3 – Youth Program. You've noticed that the youth sailing program you're responsible for overseeing is becoming more diverse at the younger and entry levels, but this diversity drops off significantly the older and more advanced the sailors become.

What are some potential factors? How could you find out?
What are some strategies to overcome this?

Sport Nova Scotia – EDIA Team

EDIA Lead

- Provincial Sport Organization (PSO) programming and development
- Cross-Sector and Government Relations

Parasport Coordinator

- PSO Support specific to Para and Adaptive Sport
- Province-wide initiatives (e.g. Parasport Equipment Loan Program)

EDIA Sport Navigators

- Community Service Providers
- Engage with Underrepresented Populations

Manager of Regional and Community Sport Development & Regional Sport Consultants

- Community Sport Organization (CSO) programming and development
- EDIA Funding

Closing & Questions





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Sport makes a difference.

